

GOURMET EXPERIENCES



COOKING CLASS

Have you ever tried to shape the famous orecchiette handmade pasta? Would you like to turn the vegetables from the garden into a tasty appetiser or learn the secrets of the local bread balls? Nonna Rosa, Chef Michele and our expert cooks will teach you to prepare the typical dishes of the region, in an engaging and fun experience. Cooking lessons are available at the farmhouse, at grandma's house or at the accommodation you have booked. Buon appetito!



**About 3
hours**



**Valle d'Itria
and surroundings**



**From € 55 per person,
minimum 4 guests**



CHEF AT HOME

Are you looking for a typical Puglia menu? We have designed for you the Chef at home experience, to let you savour the traditional dishes in the comfort of the accommodation you have selected. Our menu includes the typical dishes of the region, but if you want to try anything special, feel free to ask! You can choose between meat, fish and vegetarian menus. Treat yourself to a Chef's dinner without leaving your villa!



**About 2-3
hours**



**Valle d'Itria
and surroundings**



**From € 60 per person,
minimum 4 guests**



PIZZA NIGHT

The villa you booked has a pizza oven but you don't know how to use it? Do you want to find out how to prepare a real pizza, from the dough to the topping? Our pizza chefs will guide you step by step: have fun preparing your favourite pizza with your own hands!



**About 2-3
hours**



**Valle d'Itria
and surroundings**



**From € 30 per person,
minimum 6 guests**



EXTRA VIRGIN OLIVE OIL TASTING

We will take you to the best oil presses in the region to learn about the production cycle and so you can taste different varieties of extra virgin olive oil, the real jewel of Puglia. Discover the strong, delicate or spicy flavours, enjoy the fruit aromas and find out the best combination with local products.



**About 1
hour**



**Valle d'Itria
and surroundings**



From € 15 per person



WINE TASTING

The rows of grapes are a traditional element in the Apulian countryside. Primitivo, Negroamaro, Malvasia and Susumaniello are some of the most renowned grape varieties in the area. A visit to the cellar is the perfect opportunity to discover the secrets of winemaking and taste some of the most exclusive labels.



**About 1
hour**



**Valle d'Itria
and surroundings**



From € 15 per person



PRIVATE WINE TASTING

Enjoy a private wine tasting at the accommodation you have booked. A certified Sommelier will guide you to discover some excellent local grape varieties. You can choose between 3 tasting options (Puglia wines – Best quality/price – Top Selection). It is also possible to book a blind tasting!



**About 1
hour**



**Valle d'Itria
and surroundings**



**From € 35 per person,
Minimum 4 guests**



MILK AND CHEESE

Burrata and mozzarella, ricotta and primosale, caciocavallo and cacioricotta. If cheese makes your mouth water, follow us on this fascinating tour about dairy products. You'll be surprised by the expertise of the local cheesemakers and savour extremely fresh products. It is possible to book a tour in the cheese factory or at a masseria.



**About 1
hour**



**Valle d'Itria
and surroundings**



From € 25 per person



DINING IN THE DARK

Close your eyes and enjoy the surprising experience of a dinner in the dark: let the senses of touch, smell and taste guide you to discover the mysterious Apulian menu, whilst you listen to a Mediterranean tale. Available at a local farmhouse or in villas.



**About 2
hours**



**Valle d'Itria
and surroundings**



**From € 85 per person,
Minimum 4 guests**



PUGLIA ARTISAN BEER

Would you like to taste the local craft beer? This tour is for you: we will take you to a small brewery in Alberobello, to find out how the fusion of malt, water and hops creates an excellent craft beer, produced with organic raw materials only.



**About 1 hour
and 1/2**



Alberobello



**From € 30 per person,
Minimum 4 guests**



LIFE IN MASSERIA

The Masseria, a traditional Apulian farmhouse, welcomes you to live a special day, including simple activities and in close contact with nature. Take care of the vegetable garden, participate in the cheese-making process, allow yourself a rural and genuine experience from old times.



**About 2
hours**



**Valle d'Itria
and surroundings**



**Depends on the
experience**

ADVENTURE TOURS



ALBEROBELLO BY SEGWAY

Exploring Alberobello on a Segway is entertaining and fun. With a few simple movements of the body you are ready to go and discover the local history and the traditions, learn about the Trulli construction methods and visit the main monuments in town. This tour is also available by rickshaw or mini-golf cart.



**From 1
hour**



Alberobello



From € 40 per person



VALLE D'ITRIA BY BIKE

Central Puglia is a great area to explore by bike. Our tours are suitable for beginners who want to have a ride among olive trees and vineyards, but also for expert cyclists, willing to visit several villages or to reach the coast. You can also hire hybrid bikes, mountain bikes, e-bikes and tandems. We will take care of the delivery too.



**From 3
hours**



Valle d'Itria



From € 70 per person



BOAT TOUR

Treat yourself with a voyage on a “caique”, the typical sailing boat of Turkish origins, or a with a boat excursion. The tours starts from Monopoli towards Polignano a Mare, or from Bisceglie towards Trani. You can swim in charming inlets or relax on the deck while having a thirst quenching aperitivo. Private or shared tours are available in the morning and afternoon.



**From 3
hours**



**Monopoli,
Bisceglie**



From € 55 per person



QUAD EXPERIENCE

Get ready for strong emotions along ancient trails, dirt tracks and ancestral passages. We will ride Polaris Scrambler 500 Quads with four wheel drive. The excursions are for up to 6 Quads, each vehicle can carry only one driver and / or one passenger.



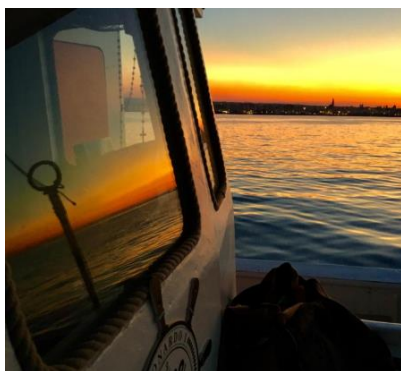
**From 2 hours
and 1/2**



**Valle d'Itria
and surroundings**



**From € 75 per
person**



FISHING EXPERIENCE

Enjoy a fishing experience with fishing rod! Get on our boats and discover suggestive sea caves and idyllic inlets, admire a wonderful stretch of the Adriatic coast. And whatever you catch ... you can take it with you! Private and shared tours leave from Monopoli towards Polignano a Mare. This experience is available in the afternoon from May to October.



**About 4
hours**



Monopoli



From € 65 per person



SNORKELING

Join us on a snorkelling experience in the clear waters of the Adriatic sea! You will be able to admire the seabed and life underwater in complete safety, with suitable equipment and assistance from an expert instructor. This excursions is available along the Monopoli coast.



**About 1
hour**



Monopoli



From € 40 per person

IN ROOM SERVICES



BABY SITTER AND ANIMATION

Are you planning to spend a quiet evening out and need some help with the kids? Would you like to relax by the pool while a babysitter entertains your children? Don't hesitate to request the babysitting or entertainment service, available in English and French.



**Minimum
2 hours**



**Valle d'Itria
and surroundings**



**Depending on the
number of children**



MASSAGES AT YOUR PLACE

Why not having a relaxing massage without leaving your accommodation? Our professional partners will set up all the equipment, from the massage table to the essential oils. Request our massages menu and let yourself be pampered. It is also possible to book the enchanting "Body and Soul" experience.



**From 30
minutes**



**Valle d'Itria
and surroundings**



From € 55 per person



YOGA LESSON

If you want to keep up your good habits even while you are on vacation, or if you want to experience Yoga for the first time in the accommodation you have booked, we are at your disposal. Our expert instructor will guide you in a rewarding experience of physical and mental wellness with a yoga class by the pool or under the trees.



**From 1
hour**



**Valle d'Itria
and surroundings**



From € 50 per person



BIKE RENTAL

The Itria Valley is a great area to explore by bike. Contact us for the rental of hybrid bikes, mountain bikes, racing bikes and e-bikes, which will be delivered directly to the accommodation you have booked. For an active holiday, at your own pace!



**From 1
day**



**Valle d'Itria
and surroundings**



**From € 25 per bike per
day**



FOLK MUSIC SHOW

Willing to celebrate a special event or looking for a different evening? Are you fascinated by folk music? Contact us to organize a unique experience: you can book a show with musicians only or even with dancers. Enjoy this authentic and intense experience to the roots of Puglia.



**From 2
hours**



**Valle d'Itria
and surroundings**



Depends on the show



GUIDED TOURS

Would you like to discover something more about Puglia and its traditions or visit its main attractions? Contact us to book a guided tour: just mention the place you would like to visit and the duration you have in mind. We can also arrange the private transportation to the chosen site. Some of the most requested tours are: Alberobello, Matera, Lecce, Bari, Castel del Monte, Valle d'Itria, Polignano...



**From 2
hours**



**Puglia and
surroundings**



**Depends on the
requested visit**



TRANSFER SERVICE

Airport connections and transfers from and to the main tourist locations in Puglia and beyond. Private transportation for your excursions and shuttle service to reach the restaurants in the area. Depending on the numbers of participants, it is possible to request a transfer by car (also luxury vehicles), van or coach.



**On
request**



**Puglia and
surroundings**



**Depends on the requested
visit**

**For further information or to book our services
please contact us at info@pugliaescapes.com.**